

High School Lunch Menu

FEBRUARY – JULY



Why don't you swap the main dessert for fresh fruit or yoghurt and a chilled drink?

WEEK 1

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------------|---------------------------------------|--|---|-------------------------------------|--|
| Meat /Fish | Grilled Chicken Spicy Rice | Posh Hot Dog Seasoned Wedges | Minced Beef & Onion loaded Yorkshire Pudding Mashed Potato | Katsu Chicken Curry Steamed Rice | Crispy Fish Fingers Chips Mushy Peas |
| Vegetarian/ Vegan | Pasta Arrabiata Garlic Bread Slice | Vegetable Enchilada Seasoned Wedges | Minced Quorn & Onion loaded Yorkshire Pudding Mashed Potato | Katsu Quorn Curry Egg Noodles | Veggie Burger in a Bun Chips |
| Halal Option (if required) | Grilled Chicken Spicy Rice | Vegetable Enchilada Seasoned Wedges | Minced Beef & Onion loaded Yorkshire Pudding Mashed Potato | Katsu Quorn Curry Egg Noodles | Crispy Fish Fingers Chips Mushy Peas |



Chef's choice of Seasonal Vegetables (v) (vg) and Salad Bar / Oven Baked Jacket Potatoes – Cheese (v), Tuna Mayo, Beans (v)(vg) Bolognese, Curry Chicken, Coronation Chicken / Fresh sandwiches with (v) and (vg) options.

| Dessert | Fruit Apple Flapjack | Steamed Chocolate Pudding with Chocolate Sauce | Fruit Crumble with Custard | Sticky Banana Bread with Whipped Cream | Lemon Drizzle Cake |
|---------|----------------------|--|----------------------------|--|--------------------|
|---------|----------------------|--|----------------------------|--|--------------------|

| Week 1 | Week 2 | Week 3 |
|------------|------------|------------|
| 3 Mar 25 | 10 Mar 25 | 17 Mar 25 |
| 24 Mar 25 | 31 Mar 25 | 7 Apr 25 |
| 14 Apr 25 | 21 Apr 25 | 28 Apr 25 |
| 5 May 25 | 12 May 25 | 19 May 25 |
| 26 May 25 | 2 June 25 | 9 June 25 |
| 16 June 25 | 23 June 25 | 30 June 25 |
| 7 July 25 | 14 July 25 | |

Menus are subject to availability (v)suitable for vegetarians (vg)vegan diets

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WEEK 2

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------------|--|---|---|--|--|
| Meat /Fish | Chicken Jalfrezi Steamed Rice Naan Bread | Minced Beef Hot Pot Mashed Potato | Chicken & Tomato Pasta Garlic Bread Slice | Traditional Sliced Gammon with Peas Pudding Stottie | Salmon Fishcake Chips Mushy Peas |
| Vegetarian/ Vegan | Cheese & Onion Quiche Seasoned Wedges | Vegetable & Lentil Casserole Mashed Potato | Roasted Vegetable Pasta Garlic Bread Slice | Cheese & Bean Melt Skin on Wedges | Cheese & Tomato Pasta Bake Focaccia Bread |
| Halal Option (if required) | Chicken Jalfrezi Steamed Rice Naan Bread | Vegetable & Lentil Casserole Mashed Potato | Chicken & Tomato Pasta Garlic Bread Slice | Cheese & Bean Melt Skin on Wedges | Salmon Fishcake Chips Mushy Peas |



Chef's choice of Seasonal Vegetables (v) (vg) and Salad Bar / Oven Baked Jacket Potatoes – Cheese (v), Tuna Mayo, Beans (v)(vg) Bolognese, Curry Chicken, Coronation Chicken / Fresh sandwiches with (v) and (vg) options.

| Dessert | Chocolate Muffin | Syrup Sponge with Custard | Flapjack | Apple Crumble with Custard | Fruit Medley |
|---------|------------------|---------------------------|----------|----------------------------|--------------|
|---------|------------------|---------------------------|----------|----------------------------|--------------|

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WEEK 3

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|------------------------------------|---|---|
| Meat /Fish | Pork Meatballs in Spicy Tomato Sauce with Pasta Twists | Chicken Tikka Masala Basmati Rice Mini Naan Bread | Beef Lasagne Garlic Bread Slice | Homemade Sausage Roll Spiced Oven Wedges | Fish Finger Bap Chips Mushy Peas |
| Vegetarian/ Vegan | Cheese & Potato Pasty Skin on Wedges | Cheese & Broccoli Flan Mashed Potato | Vegetable Balti Pie Saag Aloo | Mac & Cheese Crispy Croutons | Vegetable Bolognese Garlic Bread Slice |
| Halal Option (if required) | Cheese & Potato Pasty Skin on Wedges | Chicken Tikka Masala Basmati Rice Mini Naan Bread | Vegetable Balti Pie Saag Aloo | Mac & Cheese Spiced Oven Wedges | Fish Finger Bap Chips Mushy Peas |
| <p>Chef's choice of Seasonal Vegetables (v) (vg) and Salad Bar / Oven Baked Jacket Potatoes – Cheese (v), Tuna Mayo, Beans (v)(vg) Bolognese, Curry Chicken, Coronation Chicken / Fresh sandwiches with (v) and (vg) options.</p> | | | | | |
| Dessert | Oat Cookie | Steamed Lemon Sponge with Custard | Shortbread Biscuit | Sticky Toffee Pudding with Caramel Sauce | Chocolate Cookie |



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