

# High School Lunch Menu

FEBRUARY – JULY



**Why don't you swap the main dessert for fresh fruit or yoghurt and a chilled drink?**

**WEEK 1**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat /Fish	Grilled Chicken Spicy Rice (v)	Posh Hot Dog Seasoned Wedges (vg)	Minced Beef & Onion Loaded Yorkshire Pudding Mashed Potato (v)	Katsu Chicken Curry Steamed Rice (vg)	Crispy Fish Fingers Chips (vg) Mushy Peas (V)
Vegetarian/ Vegan	Pasta Arrabiata (v) Garlic Bread Slice (v)	Mexican Vegetable Burrito (v) Seasoned Wedges (vg)	Minced Quorn & Onion Loaded Yorkshire Pudding (v) Mashed Potato (v)	Katsu Quorn Curry (v) Egg Noodles (v)	Veggie Burger in a Bun (v) Chips (vg)
Halal Option (if required)	Grilled Chicken Spicy Rice (v)	Mexican Vegetable Burrito (v) Seasoned Wedges (vg)	Minced Beef & Onion Loaded Yorkshire Pudding Mashed Potato (v)	Katsu Quorn Curry (v) Egg Noodles (v)	Crispy Fish Fingers (v) Chips (vg) Mushy Peas (v)



**Chef's choice of Seasonal Vegetables (v) (vg) and Salad Bar / Oven Baked Jacket Potatoes – Cheese (v), Tuna Mayo, Beans (v)(vg) Bolognese, Curry Chicken, Coronation Chicken / Fresh sandwiches with (v) and (vg) options.**

Dessert	Fruit Apple Flapjack (v)	Steamed Chocolate Pudding with Chocolate Sauce (v)	Fruit Crumble with Custard (v)	Sticky Banana Bread (v)	Lemon Drizzle Cake (v)
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WEEK 1	WEEK 2	WEEK 3
17 Mar 25	3 Mar 25	10 Mar 25
7 Apr 25	24 Mar 25	31 Mar 25
12 May 25	28 Apr 25	5 May 25
9 June 25	19 May 25	2 Jun 25
30 June 25	16 June 25	23 Jun 25
	7 July 25	14 July 25

Menus are subject to availability (v)suitable for vegetarians (vg)vegan diets

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**Why don't you swap the main dessert for fresh fruit or yoghurt and a chilled drink?**

**WEEK 2**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat /Fish	Chicken Jalfrezi Steamed Rice (vg) Naan Bread (v)	Minced Beef Hot Pot Mashed Potato (v)	Chicken & Tomato Pasta Garlic Bread Slice (v)	Traditional Sliced Gammon with Peas Pudding Stottie	Salmon Fishcake Chips (vg) Mushy Peas (v)
Vegetarian/ Vegan	Cheese & Onion Quiche (v) Seasoned Wedges (vg)	Vegetable & Lentil Casserole (v) Mashed Potato (v)	Roasted Vegetable Pasta (v) Garlic Bread Slice (v)	Cheese & Bean Melt (v) Skin on Wedges (v)	Cheese & Tomato Pasta Bake (v) Focaccia Bread (v)
Halal Option (if required)	Chicken Jalfrezi Steamed Rice Naan Bread	Vegetable & Lentil Casserole Mashed Potato	Chicken & Tomato Pasta Garlic Bread Slice	Cheese & Bean Melt (v) Skin on Wedges (v)	Salmon Fishcake Chips (v) Mushy Peas (v)



**Chef's choice of Seasonal Vegetables (v) (vg) and Salad Bar / Oven Baked Jacket Potatoes – Cheese (v), Tuna Mayo, Beans (v)(vg) Bolognese, Curry Chicken, Coronation Chicken / Fresh sandwiches with (v) and (vg) options.**

Dessert	Chocolate Muffin (v)	Syrup Sponge with Custard (v)	Flapjack (v)	Apple Crumble with Custard (v)	Fruit Medley (v)
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**WEEK 3**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat /Fish	Pork Meatballs in Spicy Tomato Sauce with Pasta Twists	Chicken Tikka Masala Basmati Rice (vg) Mini Naan Bread (v)	Beef Lasagne Garlic Bread Slice (v)	Homemade Sausage Roll Spiced Oven Wedges (v)	Fish Finger Bap Chips (vg) Mushy Peas (v)
Vegetarian/ Vegan	Cheese & Potato Pasty (v) Skin on Wedges (v)	Cheese & Broccoli Flan (v) Mashed Potato (v)	Vegetable Balti Pie (v) Saag Aloo (v)	Mac & Cheese (v) Crispy Croutons (v)	Vegetable Pasta (v) Garlic Bread Slice (v)
Halal Option (if required)	Cheese & Potato Pasty (v) Skin on Wedges (v)	Chicken Tikka Masala Basmati Rice (vg) Mini Naan Bread (v)	Vegetable Balti Pie (v) Saag Aloo (v)	Mac & Cheese (v) Spiced Oven Wedges (v)	Fish Finger Bap Chips (vg) Mushy Peas (v)
<p><b>Chef's choice of Seasonal Vegetables (v) (vg) and Salad Bar / Oven Baked Jacket Potatoes – Cheese (v), Tuna Mayo, Beans (v)(vg) Bolognese, Curry Chicken, Coronation Chicken / Fresh sandwiches with (v) and (vg) options.</b></p>					
Dessert	Oat Cookie (v)	Lemon Drizzle Cake with Custard (v)	Shortbread Biscuit (v)	Sticky Toffee Pudding with Caramel Sauce (v)	Chocolate Cookie (v)



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